

Practice header

«TITLE» «FORENAME1» «SURNAME»,
«ADDRESS_1»
«ADDRESS_2»
«ADDRESS_3»
«ADDRESS_4»
«POSTCODE»

PRIVATE AND CONFIDENTIAL

Date

Dear «TITLE» «SURNAME» (NHS No: <NHS number>)

IMPORTANT INFORMATION ABOUT YOUR MEDICINE

We are always trying to give our patients the most appropriate and most affordable medicines. Sometimes, we need to make small changes to your medicines so we can make the best use of NHS resources and follow local and national guidance.

Our records show that you are being prescribed **(generic or brand name of vitamin D preparation)**.

The purpose of writing to you today is to inform you that we will be changing your prescription to **ValuPak® Vitamin D3 1000-unit tablets**. 1000 units (25 micrograms) is a suitable dose to take as a daily supplement to prevent vitamin D deficiency. Please use up your current supply of vitamin D before starting ValuPak®.

Please continue to take your medicine just as before. There has been no change in the active ingredients or the way you take your medicine. You may also notice that the packaging and medicine looks a little different because the medicine may be made by a different manufacturer. However, despite these differences, the medicine works in the same way.

Vitamin D, for maintenance of vitamin D levels, is available to purchase over the counter at community pharmacies. If you are able to purchase your own, please let your GP practice know so that they can stop prescribing it.

We hope that you will support us in making these small changes. We are confident that you will not experience any problems. However, prior to taking it, we do advise you to refer to the patient information leaflet that will be supplied to you with your new medicine, as this may contain additional information. If you notice any side effects or feel unwell after using the medicine, please speak to your doctor or pharmacist. If you have any known allergies or intolerances, always let your doctor or pharmacist know before starting a new medicine.

If you would like to leave feedback about the change, please email the ICB Patient Experience Team at nnicb-nn.patientexperience@nhs.net.

Thank you for helping the NHS to make the best use of its resources.

Yours sincerely